

# Scientific References

**1) Glucosamine Sulfate**

**<https://www.ncbi.nlm.nih.gov/books/NBK558930/?aff=justadriveman&sid1=BrandJointEternal>**

**2) Effectiveness of Boswellia and Boswellia extract for osteoarthritis patients: a systematic review and meta-analysis**

**<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7368679/?aff=justadriveman&sid1=BrandJointEternal>**

**3) Bromelain as a Treatment for Osteoarthritis: a Review of Clinical Studies**

**<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC538506/?aff=justadriveman&sid1=BrandJointEternal>**

**4) Methylsulfonylmethane: Applications and Safety of a Novel Dietary Supplement**

**<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5372953/?aff=justadriveman&sid1=BrandJointEternal>**